

Name: _____
Designation: _____
Organisation: _____
Address for correspondence: _____
Telephone: _____
Email : _____

This programme has been developed with drug users, their families and carers in mind.

RETURN TO:

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If you, or someone you know, would like this leaflet in an alternative format, such as audiotape or large print then please phone use free on 0800 456033, fax your request to 01786 470984 or email us at yourhealthservice@fvhb.scot.nhs.uk



DRUGS AWARENESS FIRST AID INITIATIVE

Drugs Awareness First Aid Initiative

1 day event:

This programme has been developed with drug users, their families and carers in mind. Staff and volunteers of non-statutory alcohol and drug services and other agencies or organisations with relevant remits may also wish to attend.

Purpose of the course:

- ◆ To increase knowledge and understanding of drug overdose and what can be done to prevent fatality.
- ◆ To develop risk assessment and life support skills.
- ◆ To reduce the number of drug related deaths in Forth Valley.

This course will:

Increase participant's knowledge of:

- ◆ The nature of drug related deaths and the value of appropriate and early intervention.
- ◆ Identifying the signs and symptoms of stimulant and depressant overdose.
- ◆ Local services and sources of support.

Participant's will also have the opportunity to practice:

- ◆ How to communicate with someone who is under the influence of drugs or in a state of collapse.
- ◆ First aid for a casualty
 - in a state of collapse
 - with breathing difficulties
 - who has stopped breathing
 - with heart and lung failure
- ◆ First aid for dehydration and exhaustion.
- ◆ First aid for someone experiencing panic attack / psychotic episode.
- ◆ Assessing the risk of suicide.

Cost

All training is free of charge, however, a non-attendance fee of £30 will be charged if prior notification (5 working days) is not received.

Please note places are limited so book early to avoid disappointment.

The course will be run on the following 2010 dates. Please complete and return.

- | | |
|-------------------------------|------------------------------------|
| 1. Tuesday 11 May 2010 | Raploch Community Campus, Stirling |
| 2. Monday 07 June 2010 | Raploch Community Campus, Stirling |
| 3. Thursday 16 September 2010 | Raploch Community Campus, Stirling |
| 4. Thursday 07 October 2010 | Raploch Community Campus, Stirling |
| 5. Friday 03 December 2010 | Raploch Community Campus, Stirling |

Please select preferred choice of training dates:

1st choice 2nd choice..... 3rd Choice.....

Part of this course requires a degree of interaction e.g. first aid recovery position on the floor, please dress accordingly.

Please let us know in advance if you have any special requirements e.g. physical, sensory or dietary.